

As a young girl suffering from anorexia, Tina has been a great support to me. When I first met Tina, I had been extremely nervous before hand. However, within minutes of meeting Tina any anxiety I had was gone and I felt as if I had known her for years. Tina gave up her own time to come and visit me at my house which I greatly appreciated and she always takes the time to reply to my messages when I am panicking, need some advice or just need a bit of support to get me through my day. Tina has been a constant support for me while I am trying to recover which has been a huge help and means so much to me. She is a kind, generous, caring and an amazing woman. Not only has she been a great support to me, but I know my family, especially my dad, have greatly appreciated the time and effort she has given us. Tina has helped not only me but my family to deal with this illness as it can be difficult to understand and has affected my family deeply. I can't think of a better person to work with families than Tina. She is an inspiration.

Samantha Stewart. 22th September 2016